

A "But the Patient was Good with a Full ROM and She Could Walk" Case

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Introduction

A 49-year-old female patient presented to the emergency department with complaints related to right ankle pain following a sprain. The patient's past medical history revealed nothing significant. On physical examination, there was tenderness on the dorsomedial surface of the foot and between the inferior medial malleolus and head of the first metatarsal elicited by palpation, as well as minimal edema surrounding the injured site. The range of motion of the ankle

was full. The patient was able to transfer weight on the injured ankle despite pain. Following is the ankle X-ray of the patient (Figure 1).

Questions

- 1. What are your findings in the ankle X-ray (Figure 1)?
- 2. What is your diagnosis?
- 3. How should this patient be managed?



Figure 1. Anteroposterior foot radiograph of the patient

Answer: p. 51



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